

RULES FOR PRE-TEEN (PRO/AM & AMATEUR) COMPETITORS

1. AGE CATEGORY CLASSIFICATIONS

- a. Age classifications, "a" through "f(3)", will become effective on January 1st of the year in which the individual's classification age is attained, regardless of the actual birth date.
 - i. Pre-Teen I: 9th birthday or less
 - ii. Pre-Teen II: 10th or 11th birthday
- b. Organizers may combine age classifications as follows:
 - i. Pre-Teen I and Pre-Teen II into a single Pre-Teen classification.
- c. Competitors may dance "up" or "down" as follows:
 - i. Pre-Teen I competitors may dance up one age classification to "Pre-Teen II".
 - ii. Pre-Teen II competitors may dance up one age classification to "Junior I".
 - (1) Pre-teen II couples who elect to dance up to junior must remain in the approved pre-teen costumes.
 - iii. When an organizer combines age classifications
 - (1) Only Pre-Teen II age category competitors may dance up into the combined Junior age category.
 - iv. A couple's age classification eligibility is defined as the age of the older partner for the Pre-Teen I & Pre-Teen II classifications

2. DRESS AND/OR COSTUMING - PRE-TEENS

Pre-Teens must dress as listed

a. Boys

i. Trousers

- (1) Black or dark blue color only
- (2) High waist optional
- (3) Underfoot strap optional
- (4) Satin stripes are not allowed.

ii. Shirts

- (1) Plain white or black long sleeved collared shirt only
- (2) No pleats or ribbing
- (3) Sleeves to be worn at wrist length

iii. Sweaters and vests are not allowed.

iv. Tie - Black color only, may be either straight or bow

v. Socks - Black or dark blue color only

vi. Shoes- Heel height not to exceed 1.5 inches

vii. Materials - Fabrics must be plain, ie: cotton, polyester, cotton/polyester blend, wool blend

- (1) No satin or shiny fabrics
- (2) No glitter, metallic thread, patterns or sequins allowed
- (3) Decorations - not allowed

viii. Makeup - Not allowed

ix. Hairstyle - Long hair must be worn in a pony tail

b. Girls

i. Skirt with top or simple dress with attached under garment or leotard top with full skirt

ii. Skirts

- (1) Plain or pleated with minimum 1 to maximum 3 half circles. One plain simple underskirt allowed which is no larger or longer than top layer, and is the same or similar color as the outer skirt
- (2) No uneven hem lines, use of boning, frills, splits, openings, fishing line, "lettuce edging", etc
- (3) Length of skirt must not be shorter than 3 inches above the knee cap and no longer than 1 inch below the knee cap

iii. Necklines

- (1) Boat, high neck, v-neck, sweetheart, 'peter pan' collar, and regular collar are allowed

iv. Sleeves

- (1) Long, short, elbow length, cap, puff. or sleeveless styles are allowed
- (2) Cannot be replaced by trimmings, frills, or edging on the shoulder line

(3) No "finger loops" allowed

v. Materials

- (1) Fabrics MUST be only one color throughout
- (2) No glitter, metallic thread, or fabric creating 'light or pattern effects'
- (3) No use of feathers, fringes, bows, belts, frills or sequins
- (4) No flesh color fabric
- (5) Any use of color coordinated 'see through' fabric must be lined from waist to shoulder; for use on arms no lining is needed

vi. Shoes

- (1) Heel height not to exceed 1.5 inches, and must be block heel style if a dance shoe

vii. Other

- (1) No use of arm bands, chokers or headbands
- (2) No decoration is allowed on dress or in hair
- (3) No jewelry is allowed
- (4) No makeup allowed
- (5) Use of fake eyelashes, fake fingernails, colored or glitter hairspray is forbidden
- (6) Socks: White ankle socks or flesh colored pantyhose must be worn
- (7) No fishnet tights
- (8) Gathering or shirring on the bodice is not allowed.

3. SYLLABUS - PRE-TEEN

Couples competing in the "Pre-Teen" category must dance restricted syllabi as noted below.

a. Pre-teen. Couples competing in this age category may only dance Bronze, Silver and Gold syllabus figures from approved syllabi of member organizations of the NDCA as well as the official NDCA syllabus.

i. No embellishments of standard figures. No change of levels, head rolls, foot flicks, syncopations or delayed timings unless specified within the approved syllabus.

