

14B. Shadow with Free Spin - Follower

Commence in OFP, L-to-R HH

STEP	FOOT POSITION	DANCE POSITION	TURN	COUNT	FOOTWORK	SUMMARY
1	RF back	OFP	Nil	&	B	(&1) Open Break
2	Replace weight to LF, slightly forward	OFP	Nil	1	BF	
3	RF Forward, pivot	Follower's Free Spin R	1/2 turn R	2	BF	(2,3) Right turn to Free Spin to Open RAP
4	LF back	ORAP	Nil	3	BF	
5	RF back, TTO	RShadP	1/8 turn R	&	B	(&1, 2,3) Back Break in RshadP, Progressive Free Spin L (pivots), end in RAP
6	Replace weight to LF, slightly forward, pivot	Prep Follower's Free Spin L to Free Spin	1/8 turn L, then 1/2 turn L	1	BFB	
7	RF back, pivot	Free Spin	1/2 turn L	2	B	
8	LF forward, pivot	Free Spin to RAP	1/2 turn L	3	BF	

Note: While turning, Follower must keep L arm raised above waist level to allow Leader to regain RAP on step 8.