

AMERICAN STYLE SMOOTH SILVER PROGRAM

American Style

Waltz - (Silver)

				Fig	FP	T	L/F	S	
Full Silver	Silver III	Silver II	Silver I	1	Open Left Box				
			2	Open Right Turn					
			3	Open Right Turn with Underarm Turn					
			4	Twinkle Connection					
			5	Check & Develope'					
			6	Chair & Slip					
			7	Progressive Open Twinkles					
			8	A) Hairpin - Reverse					
			8	B) Hairpin - From PP					
			9	Fallaway & Weave					
			10	Oversway					
			11	Pivot From Promenade					
			12	Syncopated Viennese Turn					
			13	Flip Flops					
			14	Check to Open Fallaway					
15	Alternating Underarm Combination								

American Style

Foxtrot - (Silver)

				Fig	FP	T	L/F	S	
Full Silver	Silver III	Silver II	Silver I	1	Open Left Box				
			2	Open Right Turn					
			3	Grapevine					
			4	Weave from Promenade					
			5	Chair & Slip					
			6	Oversway					
			7	A) Hairpin from Reverse					
			7	B) Hairpin from Promenade Position					
			8	Slide & Check					
			9	Fallaway & Weave					
			10	Curved Running Steps					
			11	Natural Fallaway					
			12	Outside Swivel					
			13	Hover Corte					
			14	Promenade Pivot					
15	The Gem								

Fig Figures

FP Foot Positions

T Timing

L/F Lead or follow

S Style

American Style Tango - (Silver)

Fig FP T L/F S

Full Silver	Silver III	Silver II	Silver I	1	Fig	FP	T	L/F	S
				Quick Right Turn					
				Oversway & Ronde'					
				Fallaway Fan					
				Cobra Fans					
				Fallaway Ronde'					
				Spanish Drag					
				Change of Place					
				Outside Underarm Turn to Shadow Position					
				Shadow Drag					
				Swivel Fans					
				Pivots to Fallaway Whisk					
				Shadow Rocks					
				Reverse Outside Swivel					
				Traveling Right Lunges					
Same Foot Lunge, with Rock Ending									

DVIDA EXPERT ADVICE

Silver Level

The Student/s should start to increase the movement from foot to foot, the weight being transferred with greater power and an obvious staccato action. The consistent body height and timing of the legs become more important. An upright body position and good connection to the partner should be maintained throughout, with a positive dance frame and hold when in closed position. Both Man and Lady should play a big part in creating a good picture for the couple, by maintaining consistent body poise. As part of the process, the Student/s will start to feel more comfortable in demonstrating their progress to others.

American Style Viennese Waltz - (Silver)

Fig FP T L/F S

Full Silver	Silver III	Silver II	Silver I	1	Fig	FP	T	L/F	S
				X Line					
				Flairs Forward & Back					
				Underarm Turn Right					
				Underarm Turn Left					
				Progressive Fifth Position Breaks					
				Spot Turn Combination					
				Reverse Underarm Turn					
				Advanced Hand to Hand Combination					
				Standing Spin					
Open Right Turn									

DVIDA EXPERT ADVICE FOR WALTZ, FOXTROT & VIENNESE WALTZ

Silver Level

As a more open or continuity style of dance is introduced, the Student/s should start to increase the movement by creating a stronger swing from foot to foot. Body flight should be more apparent as the weight moves across the floor. The lowering action and timing of the legs become more important. An upright body position and good connection to the partner should be maintained, even though the couple may move to an open hold. Both Man and Lady should play a big part in creating a good picture for the couple, by maintaining consistent body poise. As part of the process, the Student/s will start to feel more comfortable in demonstrating their progress to others.

Fig Figures **FP** Foot Positions **T** Timing **L/F** Lead or follow **S** Style

